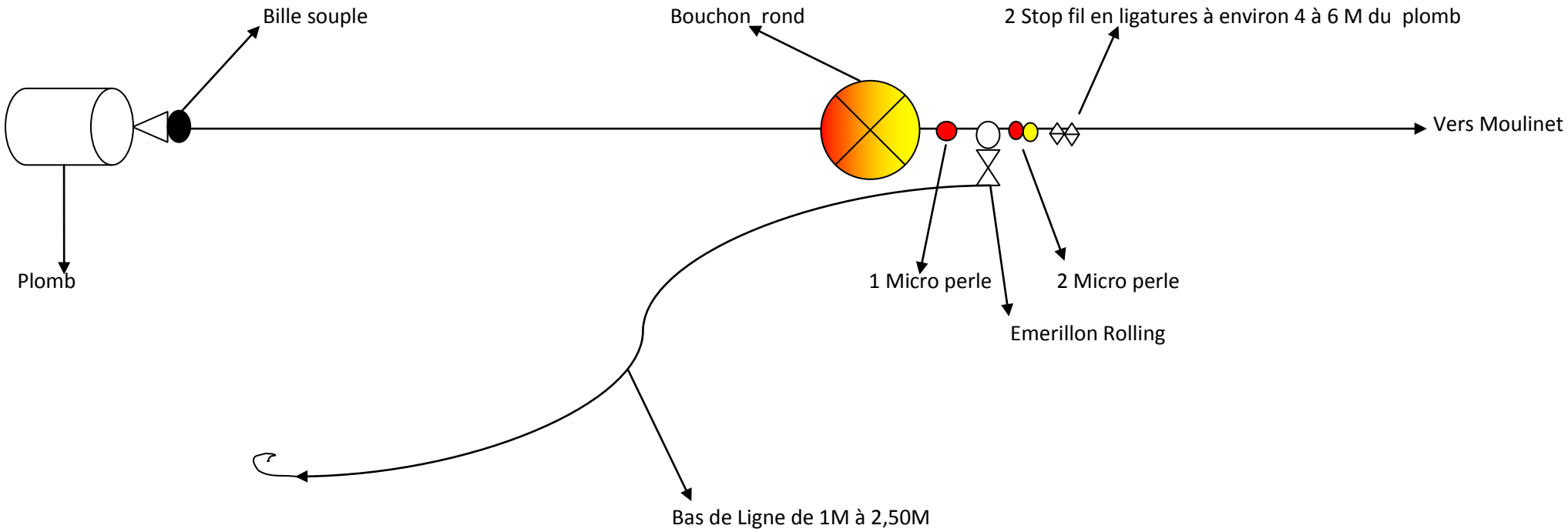Arraché de 10 à 12 M